

CLENDON PARK SCHOOL NEWSLETTER



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267 6671
SELECT 1 FOR ABSENCES

TERM 2 WEEK 6

PLEASE NOTE:

**School will close at 1.45pm on Tuesday 25th June for
Parent/Teacher/Student Conferences**

BELL TIMES

8:55am	School starts
10:55-11:15	Interval
12:45-12:55	Lunch eating
12:55-1:45	Lunch playtime
3:00pm	End of day

PRINCIPAL'S MESSAGE

The chill of the colder months is starting to bite, and doctors are already seeing an "uptick" in the usual winter illness culprits. Health officials are urging Kiwis to prepare early ahead of winter, to avoid "extra pressure" on the health services during the worst of cold and flu season.

Influenza

Symptoms of the flu can include cough, high temperature, chills, sore throat, a runny, or congested nose, fatigue, and an upset stomach.

These can also be symptoms of Covid-19, so it's recommended you test for Covid if you have any of these. If you have a cold or flu, the advice is to rest at home and drink plenty of fluids to stay hydrated.

Covid-19

This will be our fifth winter with Covid-19, and while the virus hasn't settled into a seasonal pattern, it's among illnesses that can spread easily as people spend more time indoors when the temperature drops. If you test positive for Covid-19, Health New Zealand recommends you isolate until your symptoms are clear to prevent further spread.

Earlier this week, the National Public Health Service advised that Covid-19 is still "very much present" in our communities, and a "significant health risk".

Respiratory Syncytial Virus (RSV)

Symptoms of RSV infections tend to look also like a cold or Covid-19, such as:

- *a runny nose
- *coughing
- *sneezing
- *fever (high temperature)
- *wheezing and difficulty breathing
- *not feeling like eating or, in babies, difficulty feeding due to breathlessness.

Healthify says that in very young infants with RSV, the only symptoms may be irritability, decreased activity, and breathing difficulties.

Most infections go away on their own in 1-2 weeks, and there's no specific treatment. Care at home involves relieving symptoms, such as managing pain and fever with paracetamol, and drinking fluids to prevent dehydration.

Whooping cough

Whooping cough, a "very infectious" condition, is also currently in Aotearoa. Whooping cough, an infection caused by bacteria, causes bouts of "intense" coughing and trouble breathing. It's sometimes referred to as the '100 day cough', as the cough may continue for three months. Whooping cough can cause serious illness and sometimes death in babies, young children and older adults, and on average, each infected person passes it to 12 others. Your immune system will get rid of the bacteria after 3-4 weeks without any treatment, but the damage caused to breathing tubes takes longer to repair, Healthify says.

If whooping cough is diagnosed early in infection, a doctor may prescribe antibiotics, to help reduce spread of the disease.



Photolife Studio will be in our school on **Wednesday 19th June** to photograph every student and class photos.

Sibling/Group forms only will be sent home with the **Elders and Only** students before the 19th June. Spare forms will be available from the office. Please complete & return the form to school by Monday 17 June 2024. These photos will be taken from 8.30am on the day and will be done in our school hall.

After the photos are taken we will send out a unique code letter for your child to order online from Photolife Studios website.

PLEASE make sure your child is at school on time to ensure they dont miss their class photo

IMPORTANT DATES FOR TERM 2

Week 7

10.06.24 MPSSA League
13.06.24 Night Market

Week 8

19.06.24 Photolife Photos
20.06.24 Manulua Market Day
21.06.24 Reports go home

Week 9

25.06.24 IZ Boys Rugby
25.06.24 Parent Teacher Conferences
26.06.24 IZ Girls Rugby

Week 10

01.07.24 CCSA Netball
03.07.24 Rehu Tai Finals
05.07.24 Last Day Term 2

CPS TWILIGHT MARKET

NIGHT MARKET

WEEK 7
THURSDAY 13TH JUNE
STARTS AT 4.30PM

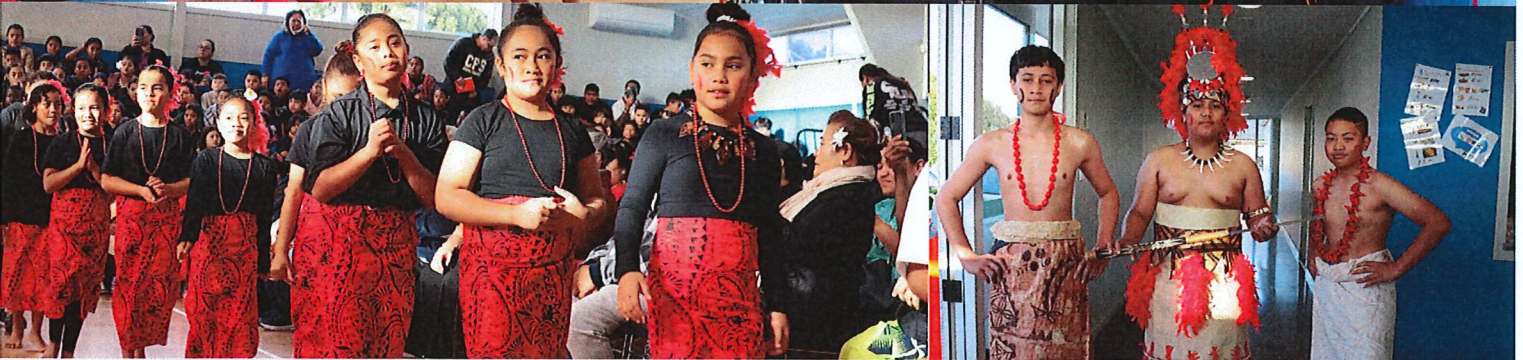
FOOD STALLS / MUSIC / GAMES

MORE INFO: PLEASE TEXT MATUA DES 021 264 1813
IF YOU WISH TO HOLD A STALL.
EACH STALL COST \$20.00
PLEASE NOTE: YOU WILL NEED TO PROVIDE YOUR OWN
TABLES, UTENSILS, POWER ETC



Follow our two school pages for frequent updates.
Clendon Park School | Te Whānau Āwhina Clendon Park School



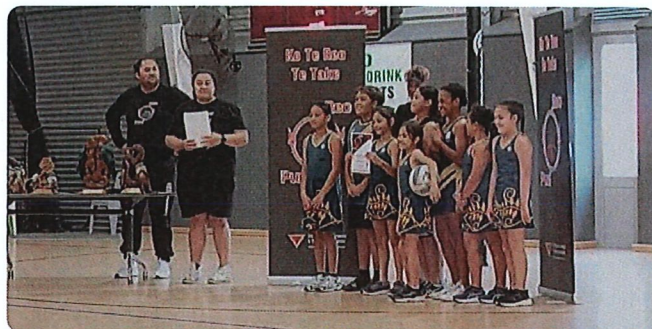




2024 'POITARAWHITI'

NGA TOA Ō TE TAU 5 ME TE 6 WHĒNUMI
WINNERS OF YEARS 5 & 6 MIXED
THEY CAME AWAY UNDEFEATED AGAINST 4 KURA
MĀORI TODAY. TE REO MĀORI WAS THE KEY
KAUPAPA OF THE DAY.

POHOKERERU ANA MATOU KIA RATOU.



MPSSA YEAR 5/6 FOOTBALL



Our players went out in the sun & rain today. They had an awesome day with one of our teams winning 1st place in the League 1.

Congratulations to all of our players.

A huge shout out to (Year8) Vilisoni for standing up to umpire today, also for co-coaching with (Year7) Tauro.

We are lucky to have confident seniors to awhi the younger students.

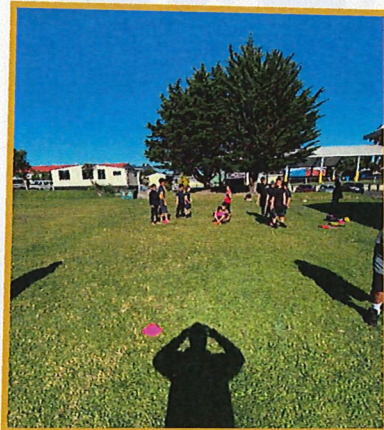
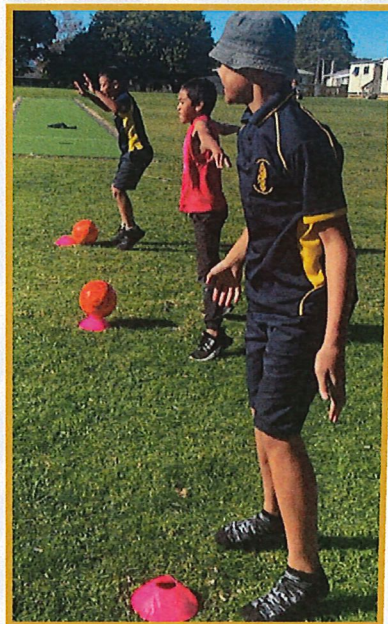


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VALUES OF SUCCESS

We are very fortunate to be offered funding from the Ministry of Education to enable us to host the Values of Success programme which is an 8 week programme with three 1 hour sessions per week. The group of boys are being guided through the programme by Sione Ieru who aims to teach the boys valuable life skills, build relationships and improve their wellbeing through various sports activities.



AUCKLAND GIRL'S GRAMMAR SCHOOL

OPEN DAY

Tuesday 11th June 2024

Educated at
Auckland Girls'
Equipped for
the World

We invite you to visit our school on Tuesday 11th June. Our Principal will give a short presentation at 9.30am and 6.30pm. Students will lead tours of the school as part of your visit.

All prospective students for 2025 and their whānau are very welcome to attend. We welcome whānau of students interested in enrolling in Ngā Tūmanako o Kahurangi, our Māori Whānau Unit.

Auckland Girls' Grammar School welcomes enrolments from throughout the Auckland region and we hope you will take this opportunity to find out more about us.

MORNING 9.30am – 12.00pm

EVENING 6.00pm – 7.30pm



For more information please phone 307 4180
or email enrol@aggs.school.nz



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